

## Student Mental Health Policy and Procedures

### Appendix 2: Mental Health Support - Staff Contacts and Responsibilities

2.1 Whilst the University expects all staff to be willing to offer support to others who may be experiencing a mental health difficulty, staff are not expected to assume responsibilities outside the parameters of their capabilities or professional role.

- The **University Student Mental Health Lead** is the Head of Wellbeing, Skills and Diversity and is responsible for the policy and oversight of student mental health concerns across the institution.

2.2 The University also has a team of designated staff from a variety of backgrounds with specific mental health responsibilities. These staff undergo specific training and are available to provide support and guidance in relation to a mental health concern.

- **Faculty Mentors** can be found within Faculty Administrative Hubs (with the exception of Education) and provide support students with pastoral care, practical advice and guidance for students experiencing barriers to study.

Students enrolled on clinical programmes within the Faculty of Medicine and Health Sciences (FMHS) seeking advice or support in relation to a pastoral or health issue affecting their ability to study can also obtain guidance from the **FMHS Student Support** team. Bookings for a one-to-one meeting with a member of the FMHS Student Support team can be made via the [FMHS Student Support team booking page](#).

- The University provides a team of designated [Mental Health First Aiders \(MHFAs\)](#) for staff and students to talk to in the event of a mental health concern or issue.
- The **University Inclusivity Adviser** supports students who disclose a mental health difficulty considered to be a disability, ensuring the University fulfils its legal obligations to signpost students to available specialist support.
- The **University Wellbeing and Drug Adviser** supports students who disclose or experience a mental health concern related to drug, alcohol or substance misuse.
- University **Campus Security staff** are the designated out of hours contact where a mental health concern is experienced with a student.

Staff Contact	Contact details:
University Student Mental Health Lead	dee.bunker@buckingham.ac.uk
Lead Faculty Mentor	karen.webb@buckingham.ac.uk
Faculty Mentor, Business, Humanities & Social Sciences	ellie.wilkins@buckingham.ac.uk
Faculty Mentor, Computing, Law and Psychology	cara.stubbings@buckingham.a.uk
Faculty Mentor, Medicine and Health Sciences (Buckingham)	emma.metcalfe@buckingham.ac.uk
FMHS Student Support	<a href="#">FMHS Student Support team booking page</a>
University Inclusivity Adviser	sarah.mcdonald@buckingham.ac.uk
University Wellbeing and Drug Adviser	sharon.deaker@buckingham.ac.uk
Campus Security staff (Buckingham)	07860 834 802
Campus Security staff (Crewe)	01270 323 545, ext. 202 between 7am to 7pm 01270 323 545, ext. 203 or 204 between 7pm to 7am

2.3 As well as reaching out to designated University staff, students are also able to obtain free confidential advice and support through the **Student Assistance Programme** on 0800 282 3766.

2.4 As an alternative to above options, incidents and concerns of a non-urgent nature can also be reported through **Report and Support** via <https://reportandsupport.buckingham.ac.uk/>